

# PRE-CONFERENCE

Thursday, 14<sup>th</sup> March, 2019

VENUE: Regent Plaza Hotel, Karachi

## WORKSHOPS

08:00 am – 11:00 am

Coronet Hall

08:00 am – 09:00 am

**Registration**

09:00 am – 10:00 am

**Workshop on Soft Tissues & Intraarticular Injection  
Technique (Live Demonstration)**

Dr. Wajahat Aziz (Pakistan)

**Fee: Rs. 5,000/-**

10:00 am – 11:00 am

**Workshop on Approach to a Patient with Joint Pain**

Dr. Lubna Nazir (Pakistan), Dr. Hamza Alam (Pakistan)

## HUMANIZING HEALTHCARE

11:00 am – 01:15 pm

Coronet Hall

11:00 am – 12:00 pm

**Patient Centric Connected Care - 21<sup>st</sup> Century Healthcare Model**

Dr. Zakiuddin Ahmed (Pakistan)

12:00 pm – 01:00 pm

**The Psychospiritual Basis of Diseases**

Dr. Abdallah Rothman (United Arab Emirates)

01:00 pm – 01:15 pm

**Question & Answer**

## LUNCH/PRAAYER BREAK

01:15 pm – 03:15 pm

Kohinoor Hall

## PUBLIC AWARENESS PROGRAM

04:00 pm – 06:00 pm

Kohinoor Hall

04:00 pm – 04:15 pm

**Registration (Free of Cost)**

04:15 pm – 04:20 pm

**Recitation of Holy Quran**

04:20 pm – 04:35 pm

**Welcome Address and Introduction of PSR**

Dr. Samina Ghzanavi

04:35 pm – 04:55 pm

**Introduction to Rheumatic Diseases**

04:55 pm – 05:25 pm

**Question and Answer Session**

05:25 pm – 05:35 pm

**Closing Remarks**

Prof. Shakil Baig

05:35 pm – 06:00 pm

**Refreshment**

### Conference Secretariat

Plot No. 1-2, 11-B, Block 2 Nazimabad,  
Karachi, Sindh, Pakistan

Phone: +92-21-36707070, 03312494155

### Email & Website Address

www.23psrconference.com  
23psrconference@gmail.com

### PSR Head Office

Office: s-33, 2nd Floor, Shadman  
Mall, 49 Shadman Market, Lahore

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# RHEUMATOLOGY REVIEW COURSE

Friday, 15<sup>th</sup> March 2019

VENUE: Regent Plaza Hotel, Karachi (Crown-B)

08:30 am – 09:00 am	<b>Registration</b>	30 mins
09:00 am – 09:25 am	<b>Updates on Rheumatoid Arthritis Management</b> Dr. Kamran Hameed (Africa)	25 mins
09:25 am – 09:50 am	<b>Scleroderma</b> Dr. Beena Hameed (United Arab Emirates)	25 mins
09:50 am – 10:15 am	<b>Osteoarthritis (Platelet Rich Plasma + Stem Cells)</b> Dr. Terence Gibson (United Kingdom)	25 mins
10:15 am – 10:40 am	<b>Vasculitis</b> Dr. Nighat Mir (Pakistan)	25 mins
10:40 am – 11:05 am	<b>Rheumatic Fever – ‘To Be or Not To Be’</b> Prof. Muhammad Asim Khan (United States of America)	25 mins
11:05 am – 11:20 am	<b>Question and Answer Session</b>	15 mins
<b>TEA BREAK</b> 11:20 am - 11:35 am		
11:35 am – 12:00 pm	<b>Lupus Mimics</b> Dr. Aisha Lateef (Singapore)	25 mins
12:00 pm – 12:40 pm	<b>Juvenile Idiopathic Arthritis-JIA</b> Dr. Betina Rogalski (Germany)	40 mins
12:40 pm – 01:05 pm	<b>Cardiovascular Risk in Rheumatic Diseases</b> Dr. Tore K. Kvien (Norway)	25 mins
01:05 pm – 01:30 pm	<b>Dermatological Manifestations of Rheumatic Diseases</b> Dr. Saadia Tabusum (Pakistan)	25 mins
<b>LUNCH / PRAYER BREAK</b> 01:30 pm – 03:00 pm		
03:00 pm – 03:25 pm	<b>Basic Musculoskeletal Radiology</b> Dr. Kashif Shazlee (Pakistan)	25 mins
03:25 pm – 03:50 pm	<b>Pitfalls in the Management of Rheumatic Diseases (Do's and Don't of Investigations &amp; Treatment)</b> Dr. Tajvur P. Saber (Pakistan)	25 mins
03:50 pm – 04:15 pm	<b>Immunological Tests: How to Interpret</b> DR. Brig. Tahir Aziz Ahmed (Pakistan)	25 mins
04:15 pm – 04:40 pm	<b>Vitamin D &amp; Bone Health</b> Dr. Ira Pande (United Kingdom)	25 mins
04:40 pm – 04:55 pm	<b>Question and Answer Session</b>	15 mins

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# SCIENTIFIC SESSIONS

Saturday 16<sup>th</sup> March, 2019

VENUE: Regent Plaza Hotel, Karachi

## SESSION 1

08:30 am – 10:45 am

Kohinoor Hall

08:30 am – 09:00 am	<b>Role of Biosimilar in Management of Rheumatic Diseases</b> Dr. Tore K. Kvien (Norway)	30 mins
09:00 am – 09:30 am	<b>Neuropsychiatric Systemic lupus Erythromatosis</b> Dr. David D' Cruz (United Kingdom)	30 mins
09:30 am – 10:00 am	<b>RA Management UPDATE</b> Dr. John Axford (United Kingdom)	30 mins
10:00 am - 10:30 am	<b>Pregnancy in Rheumatic Diseases</b> Dr. Aisha Lateef (Singapore)	30 mins
10:30 am – 10:45 am	<b>Question Answer Session</b>	15 mins

## TEA BREAK

10:45 am – 11:15 am

## SESSION 2

11:15 am – 01:00 pm

Kohinoor Hall

11:15 am – 11:45 am	<b>Non-radiographic Axial Spondyloarthritis (nr-axSpA)</b> Prof. Muhammad Asim Khan (United States of America)	30 mins
11:45 am – 12:15 pm	<b>Treat to Target Ankylosing Spondylosis</b> Prof. James Cheng-Chung Wei (Taiwan)	30 mins
12:15 pm – 12:45 pm	<b>Myalgias Interactive Case Based</b> Dr. John Axford (United Kingdom)	30 mins
12:45 pm – 01:00am	<b>Question Answer Session</b>	15 mins

## LUNCH / PRAYER BREAK/ INDUSTRIAL SYMPOSIA

Rheumatoid Arthritis

01:00 pm - 02:00 pm

## PARALLEL SESSIONS

02:00 pm – 04:20 pm

SESSION 3A (Kohinoor Hall)			SESSION 3B (Crown-B)		
02:00 pm – 02:25 pm	<b>Health Assessment in Rheumatoid Arthritis</b> Dr. Kamran Hameed (Africa)	25 mins	02:00 pm – 02:25 pm	<b>Eye – ‘A Window in Rheumatology’</b> Dr. Syeda Aisha Bokhari (Pakistan)	25 mins
02:25 pm – 02:50 pm	<b>Improving Outcome in Rheumatoid Arthritis- RA</b> Dr. Beena Hameed (United Arab Emirates)	25 mins	02:25 pm – 02:50 pm	<b>Rehabilitation</b> Dr. Nabila Soomro (Pakistan)	25 mins
02:50 pm – 03:15 pm	<b>SLE Pathogenesis</b> Dr. Sarfaraz Hasni	25 mins	02:50 pm – 03:15 pm	<b>The Radiology-Rheumatology MDT with case reviews</b> Dr. Khalid Latief	25 mins

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	(United States of America)			(UK)	
<b>03:15 pm – 03:40 pm</b>	<b>Lupus Nephritis</b> Dr. Mohammad Saeed (Pakistan)	<b>25 mins</b>	<b>03:15 pm – 03:40 pm</b>	<b>Clinical Significance of Immunology Labs + Technique</b> Prof. Gulnaz Khalid (Pakistan)	<b>25 mins</b>
<b>03:40 pm – 04:05 pm</b>	<b>Juvenile Dermatomyositis</b> Dr. Betina Rogalski (Germany)	<b>25 mins</b>	<b>03:40 pm – 04:05 pm</b>	<b>Adult Vaccination</b> Dr. Naseem Salahuddin (Pakistan)	<b>25 mins</b>

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# SCIENTIFIC SESSIONS

Sunday 17<sup>th</sup> March, 2019

VENUE: Regent Plaza Hotel, Karachi

08:00 am – 09:00 am Oral Presentation (by fellows) 60 mins

## PLENARY SESSIONS

09:00 am – 11:00 am

Kohinoor Hall

09:00 am - 09:30 am	<b>Osteoporosis</b> Dr. Ira Pande (United Kingdom)	30 mins
09:30 am -10:00 am	<b>Vasculitis Update</b> Dr. David D' Cruz (United Kingdom)	30 mins
10:00 am -10:30 am	<b>Asymptomatic Hyperuricemia Treat or Not to Treat</b> Dr. Terence Gibson (United Kingdom)	30 mins
10:30 am -11:00 am	<b>Catastrophic Antiphospholipid Antibody Syndrome (CAPS)</b> Dr. David D' Cruz (United Kingdom)	30 mins

## TEA BREAK / POSTERS

11:00 am -11:30 am

## PARALLEL SESSIONS

11:30 am – 02:10 pm

SESSION 4A (Kohinoor Hall)			SESSION 4B (Crown-B)		
11:00 am – 11:25 am	<b>Macrophage Activation Syndrome (MAS)</b> Dr. Tan Teck Choon (Singapore)	25 mins	11:00 am – 11:25 am	<b>Sjogren's Disease</b> Dr. Syed Atiqul Haq (Bangladesh)	25 mins
11:25 am – 11:50 am	<b>Behcet's Syndrome</b> Prof. Sami Salman (Iraq)	25 mins	11:25 am – 11:50 am	<b>Adult Onset Still's Disease</b> Dr. Masroor Ahmed (UK)	25 mins
11:50 pm – 12:15 pm	<b>Undifferentiated Connective-Tissue Disease (UCTD)</b> Dr. Sargunan Sockalingam (Malaysia)	25 mins	11:50 pm – 12:15 pm	<b>Psoriatic Arthritis</b> Dr. Muhammad Haroon (Pakistan)	25 mins
12:15 pm – 12:40 pm	<b>Nailfold Capillaroscopy</b> Dr. Khalid Ali Khan (UAE)	25 mins	12:15 pm – 12:40 pm	<b>Ultrasound Evaluation in Rheumatic Disease</b> Dr. Khizer Aziz Rana (UK)	25 mins
12:40 pm – 12:50 pm	<b>Question Answer Session</b>	10 mins	12:40 pm – 12:50 pm	<b>Question Answer Session</b>	10 mins

## LUNCH / PRAYER BREAK

12:50 pm - 02:20 pm

01:10 pm – 01:50 pm Industrial Symposia “Cosentyx”  
Dr. Hassan Tahir (UK) - Novartis Pharma 40 mins

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## PARALLEL SESSIONS

02:20 pm – 03:45 pm

SESSION 5A (Kohinoor Hall)			SESSION 5B (Crown-B)		
02:20 pm – 02:45 pm	<b>IgG Related Diseases</b> Prof. Sami Salman (Iraq)	25 mins	02:20 pm – 02:45 pm	<b>Approach to a Patient with Backache</b> Dr. Hassan Tahir (UK)	25 mins
02:45 pm – 03:10 pm	<b>CTD ILD</b> Dr. Masroor Ahmed (UK)	25 mins	02:45 pm – 03:10 pm	<b>Curbside Consults</b> Dr. Raza Jaffery (USA)	25 mins
03:10 pm – 03:35 pm	<b>Juvenile Systemic lupus Erythromatosis</b> Dr. Sumaira Farman (Pakistan)	25 mins	03:10 pm – 03:35 pm	<b>Periodic Fever Syndrome</b> Prof. Abid Farooqi (Pakistan)	25 mins
03:35 pm – 03:45 pm	<b>Question Answer Session</b>	10 mins	03:35 pm – 03:45 pm	<b>Question Answer Session</b>	10 mins

## CLOSING CEREMONY

Kohinoor Hall  
03:45 pm -

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